

GROUPWORKS WEST

SOCIAL DEVELOPMENT AND PSYCHOTHERAPY GROUPS

**3685 Motor Avenue #150
Los Angeles, California 90034
310/287-1640**

YOUNG ADULT SOCIALIZATION GROUP

**DIAGNOSED WITH ASPERGER'S SYNDROME OR HIGH
FUNCTIONING AUTISM**

This group is designed to provide members with a safe and supportive environment in which to share their experience of being a young adult faced with the social challenges of autism.

The primary focus of this group is to teach members how to develop intimate relationships with the opposite sex. Intimate relationships represent a threshold issue for everyone on the autism spectrum, particularly establishing romantic relationships. The capacity to initiate and maintain relationships with the opposite sex is a workshop for all mature relationships (community, work place, school).

Group Curriculum:

- 1) Defining the social challenges of high functioning autism/Asperger's Syndrome (Self-awareness training)**
- 2) Understanding how to select a partner for an intimate relationship (Who is right for me?)**
- 3) Understanding the role of appearance in dating (exercise, diet, and grooming)**
- 4) Understanding the rules of etiquette/manners (do's and don't of initiating a dating relationship)**
- 5) Understanding how to use the internet to meet potential partners/friends.**

This group will meet on a weekly basis for 1.50 hours for a period of 24 weeks. Should you have any questions, please contact Christopher Mulligan directly at 310/287-1640

Website: www.groupworkswest.com

